

RELATIONAL FAMILY CONSTELLATION PRACTICE & DEVELOPMENTS

Topics in Family Constellation Theory and Practice

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Oct 7 & 8, Dec 9 & 10, 2017,

2018 Dates: Jan 6 & 7, Feb 3 & 4, Mar 3 & 4, Apr 7 & 8, May 5 & 6,

SYLLABUS

GENERAL OVERVIEW OF THE WORKSHOP

1 FAMILY CONSTELLATION PRINCIPLES

Relational Constellations Overview

The Process

- a) The process participants go through
- b) The Focus on Relational and Family Issues
- c) Clinical & Ethical Implications

2 FAMILY CONSTELLATION PROCEDURES

- a) Show hidden dynamics and inter-generational bonds in the Family System
- b) Make Hidden Loyalties and Legacy Burdens Apparent
- c) Apply Mindfulness to Somatic Indicators
- d) Titrate and Desensitize the Client's Issues Through The Use Of Representatives
- e) Place Representatives in Proximity of Each Other to Reveal Family Conflicts

3 FAMILY CONSTELLATION PRACTICE: WHAT TO DO?

When setting up a constellation

- A. Track influences from the mirror neuron system, epigenetics and sensory perception
- B. Manage the constellation group field
- C. Navigate participant's Autonomic Nervous System Regulation
- D. Resource through the family lineage, mindful practices, and embodiment.

- E. Titrate the psycho-somatic activation.
- F. Pendulate between Activated Trauma State and Resources.

Advanced Topics To Be Explored:

- Oct 7 & 8, 2017 - **True Vulnerability & Humanness**
- Dec 9 & 10, 2017 - **Nourishment For the Heart, Soul & Nervous System**
- Jan 6 & 7, 2018 - **Interrupted Merging Dynamics**
- Feb 3 & 4, 2018 - **Interrupted Separating Dynamics**
- Mar 3 & 4, 2018 - **True & False Autonomy**
- Apr 7 & 8, 2018 - **Spiritual Autonomy**

References

Relational Constellation Practice & Developments Topics in Constellation Theory and Practice

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