



Associate Training and Development Program

The Family Therapy Institute of Santa Barbara (FTI), a non-profit counseling center, is accepting applications for our Associate Training and Development Program in the fields of Marriage and Family Therapy and Professional Clinical Counseling. Our training program, now in its forty-fourth year, is tailored to post-MA Associate MFT's, APCC's and post MSW applicants.

Our educational process lays the foundation for developing mastery-level skills in psychotherapy, with an emphasis on couples and families. We provide an in-depth, mentoring style training experience where associates collaborate with and learn from highly experienced senior clinicians. FTI supervisors bring a range of perspectives and expertise with well-honed supervisory skills to help refine your presence and skill with clients. This cohort-based learning format utilizes a multi-pronged approach comprising the following learning elements:

- Videorecording and reviewing client sessions
- Case consultation including case conceptualization, presentation and continuity of support across the client's therapy
- Individual and group supervision
- Co-therapy with licensed staff
- Staff-led discussions exploring latest advances in neurobiology, consciousness, holistic health and healing, and roundtable sharing of clinical, community-based resources
- Access to the Institute's library of clinical resources including videos and audio recordings of master therapists, assessment tools, and clinical books
- Attendance at no cost for annual workshops offered by FTI to the mental health community

To submit your application, please send your CV with a cover letter to: info@ftisb.org

Bilingual Applicants Encouraged!

As an FTI Associate, supervision will include:

- Clinical assessment and treatment planning for a diverse population of clients of all ages
- Exposure to a wide range of client presentations and issues including mood disorders, OCD, traumas, neurodiversity related challenges, relational dynamics, substance use disorders, end of life and behavioral issues
- The practice of evidence-based family therapy models for case conceptualization and assessment as well as for designing interventions on a unique case by case basis
- Couples therapy using integrative techniques and theories from the Gottman model, emotionally-focused, solution focused, humanistic and Bowenian models
- Child and parent therapy for elementary school-age kids with behavior problems and/or anxiety disorders
- Cognitive Behavioral Therapy (CBT), multimodal, mindfulness-based and other cognitive and behavioral techniques
- Somatic approaches integrating mind/body/spirit including the use of breathwork, grounding, emotional regulation, EMDR, Hakomi and others
- Ketamine assisted psychotherapy (KAP)
- Group therapy with an emphasis on group process

Ideal candidates for FTI's Associate Training & Development Program have achieved academic excellence at the master's level and have demonstrated excellent clinical proficiencies. We seek candidates who are specifically drawn to an integrative systems-oriented approach to therapy and who would appreciate working with a relatively small close-knit staff of deeply committed fellow practitioners.