

Curriculum Vitae

Scott M. Shannon, M.D. DFAACAP

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Specialties

General Psychiatry

Child and Adolescent Psychiatry

Board Certified

American Board of Psychiatry and Neurology

Distinguished Fellow American Academy of Child and Adolescent Psychiatry

Integrative Holistic Medicine

Board Certified

American Board of Integrative Holistic Medicine

American Board of Integrative Medicine

Medical Acupuncture

Education

UCLA College of Medicine

Medical Acupuncture Program

1995, UCLA, Los Angeles, CA

Child Psychiatry Fellowship

University of New Mexico, 1989-1991,

Albuquerque, NM. Chief Fellow 1991

Psychiatric Residency & Internship

Mary Imogene Bassett Hospital,

Columbia Affiliate, 1982-1983 & 1987-1989

Cooperstown, NY

Doctorate in Medicine

University of Arizona, College of Medicine

1978-1982, Tucson, AZ

Bachelor of Arts in Psychology

University of Arizona, Honors Program

1974-1978, Tucson, AZ

Professional Experience

Current:

- 2021- Present **Associate Trainer and Consultant-Lykos/MAPS**
- 2022-present **Site Principal Investigator:** Phase IIb: LSD for Generalized Anxiety: Wholeness Center
- 2017- Present **Site Principal Investigator/Therapist/Study Physician:** Phase II and III Studies: MDMA-Assisted Psychotherapy: Wholeness Center
- 2010-Present **Founder** of Wholeness Center, private practice at this site since 2010
- 2008- Present **Assistant Clinical Professor**, University of Colorado, Department of Psychiatry
- 1991-Present **Private Practice**, Child/Adolescent and General Psychiatry, Medical Acupuncture and Holistic Integrative Medicine: Greeley/Fort Collins

Past:

- 2012-2016 **Naturopathic Medicine Committee**, Colorado, Department of Regulatory Agency
- 2009-2014 **Co-Chair: Committee on Complementary and Integrative Psychiatry-**
American Academy of Child and Adolescent Psychiatry
- 2006-2009 **Medical Director**, Littler Center, Residential Treatment Center; Greeley, CO
- 2000-2005 **Medical Director**, *McKee Center for Holistic Medicine*; McKee Hospital, Loveland, CO.
- 2000-2009 **Medical Director**, *Namaqua Residential Treatment Center for Children*; Loveland, CO.
- 1995-1998 **Medical Director, All Services**, *for PsychCare NCMC Psychiatric Hospital*.
- 1991-2004 **Medical Director of Adolescent Services**, *NCMC, Psychiatric Hospital; Greeley, CO.*
- 1986-1987 **Emergency Room Physician** at *Pinal General Hospital*; Florence, AZ.
- 1983-1986 **General Practice:** Obstetrics and Holistic Medicine, *Rural Central Arizona*.

Professional and Community Organizations

- 2021-2022 **CEO, Board of Psychedelic Medicine and Therapies**
- 2018-2025 **Board of Directors**; Challenge Aspen
- 2018-Present **Advisory Board: Cochrane Complementary Medicine**
- 2014-2016 **Secretary, Founding Board Member**, *Academy of Integrative Health and Medicine*
- 2011-2016 **Board of Trustees**; *American Board of Integrative Medicine*
- 2011-2013 **President:** *American Board of Integrative Holistic Medicine*
- 2007-Present **Board Member/Conference Director** (2016, 2013, 2011, 2009). *AlterMed Research*
- 2001-2002 **President**, *American Holistic Medical Association*.
- 2003-2014 **Board of Trustees**; *American Board of Integrative Holistic Medicine*
- 1995-2003 **Board of Trustees**, *American Holistic Medical Association*.

Publications

Xenakis SN, Shannon SM. What is needed for the roll-out of psychedelic treatments? *Curr Opin Psychiatry*. 2024 Jul 1;37(4):277-281.

Robison R, Brendle M, Moore C, Cross H, Helm L, Darling S, Thayer S, Thielking P, Shannon S. Ketamine-Assisted Group Psychotherapy for Frontline Healthcare Workers with COVID-19-Related Burnout and PTSD: A Case Series of Effectiveness/Safety for 10 Participants. *J Psychoactive Drugs*. 2024 Jan-Mar;56(1):23-32.

Mitchell JM, Ot'alora G M, van der Kolk B, Shannon S, Bogenschutz M, Gelfand Y, Paleos C, Nicholas CR, Quevedo S, Balliett B, Hamilton S, Mithoefer M, Kleiman S, Parker-Guilbert K, Tzarfaty K, Harrison C, de Boer A, Doblin R, Yazar-Klosinski B; MAPP2 Study Collaborator Group. "MDMA-assisted therapy for moderate to severe PTSD: a randomized, placebo-controlled phase 3 trial." *Nature Medicine*. 2023 Oct;29(10):2473-2480.

Shannon, S. "Ketamine: Catalyst for Paradigm Change in Mental Health." *The Journal of Psychedelic Psychiatry*, 2023. June: 5 (2).

J Mitchell, M Bogenschutz, A Lilienstein, C Harrison, S Kleiman, K Parker-Guilbert, M Ot'alora G, W Garas, C Paleos, I Gorman, C Nicholas, M Mithoefer, S Carlin, B Poulter, A Mithoefer, S Quevedo, G Wells, S Klaire, B van der Kolk, K Tzarfaty, R Amiaz, R Worthy, S Shannon, J Woolley, C Marta, Y Gelfand, E Hapke, S Amar, Y Wallach, R Brown, S Hamilton, J Wang, A Coker, R Matthews, A de Boer, B Klosinski, A Emerson and R Doblin. "MDMA-Assisted Therapy For Severe PTSD: A Phase III study" *Nature Medicine*, 2021. 27 (6): 1025-1033

Shannon, Scott. "The Case for Using MDMA to Help Heal Victims of Trauma" *Wired*: May 18, 2021

Shannon, S, Colbert, R and Hughes, S. "Therapeutic and Social Uses of MDMA" (Chapter 13) in Grob, C and Grigsby, J (Eds.), *Handbook of Medical Hallucinogens* New York, NY: Guilford Press, 2021.

Shannon S, Lewis N, Lee H, and Hughes S. "Cannabidiol in Anxiety and Sleep: A large case series" *Permanente Journal*: E-pub: 01/07/2019.

Elms L, Shannon S, Hughes S, Lewis N. "Cannabidiol in the Treatment of Post-Traumatic Stress Disorder: A Case Series." *J Alternative and Complement Medicine*. 2018 Dec 13.

Shannon, Scott and Opila-Lehman, Janet. "Effectiveness of Cannabidiol Oil for Pediatric Anxiety and Insomnia as Part of Posttraumatic Stress Disorder: A Case Report" *Permanente Journal*: Fall 2016; 20 (4):16-005

Shannon, Scott and Opila-Lehman, Janet. "Cannabidiol Oil for Decreasing Addictive Use of Marijuana: A Case Report" *Integrative Medicine: A Clinicians Journal*: December, 2015; 14 (6): pages 31-35.

Shannon, Scott *Parenting the Whole Child*; W.W. Norton and Company: New York, 2014.

Shannon, Scott "Natural supplements and the patient's perspective." *Clinical Psychiatry News*: March 2014.

Shannon, Scott *Mental Health for the Whole Child*; W. W. Norton and Company: New York, 2013.

Shannon, Scott "Paradigm Shift: stages of physician's entry into integrative practice" *Child and Adolescent Psychiatric Clinics of North America*, July 2013 (Volume 22: Issue 3) page 481-491.

Kaplan BJ, Giesbrecht G, Shannon S, McLeod K. "Evaluating treatments in health care: the instability of a one-legged stool." *BMC Med Res Methodol*. 2011 May 11;11:65.

Shannon, Scott; Weil, Andrew and Kaplan, Bonnie "Medical Decision Making in Integrative Medicine" *Alternative and Complementary Therapies*, April 2011: 17 (4): 84-91.

Shannon, Scott: "Pediatric Mental Health" (Chapter 28) in Culbert, Tim and Olness, Karen (Eds.), *Textbook of Integrative Pediatrics* New York, NY: Oxford University Press, 2010.

Sierpina V, Kreitzer MJ, Anderson R, Hanaway P, Shannon S, Sudak N. The American Board of Integrative and Holistic Medicine: past, present, and future. *Explore (NY)*. 2010 May-Jun;6(3):192-5.

- Shannon S. Treating the whole child: An interview with Scott Shannon, MD. Nancy Nachman-Hunt. *Adv Mind Body Med*. 2009 Summer;24(2):14-8.
- Kaplan, Bonnie and Shannon, Scott "Nutritional Aspects of Child and Adolescent Psychopharmacology." *Psychiatric Annals*, July 2007; 37 (7) page 519-528.
- Kaplan, Bonnie and Shannon, Scott "Nutritional Aspects of Child and Adolescent Psychopharmacology." *Pediatric Annals*, September 2007; 36 (9) page 600-609.
- Kemper, Kathi and Shannon, Scott "Complementary and Alternative Treatment of Pediatric Mood Disorders." *Pediatric Clinics of North America*, December 2007 (Volume 54: Issue 6) page 901-926.
- Shannon, Scott "Integrative Treatment of Pediatric Mood Disorders." *Alternative Therapies*, September 2009 (Volume 15, Number 5) page 48-53.
- Shannon, Scott. Please Don't Label My Child; Rodale Press: NY, 2007.
- Shannon, Scott. "The Healing Relationship." *International Journal of Healing and Caring*, 2003; Vol. 3, No 2.
- Shannon, Scott (Ed.), Handbook of Complementary and Alternative Therapies in Mental Health. San Diego, CA: Academic Press, a division of W. B. Saunders, 2002. (Nominated for Edited Text of the Year Award)
- Shannon, Scott. "Acupuncture" (Chapter 5) and "The Future of CAM" (Chapter 20). In Herring, Mary R., & Roberts, Molly M. (Eds.), Blackwell's Complementary and Alternative Medicine: Fast Facts for Medical Practice, Malden, MA: Blackwell Publishing, 2002.
- Shannon, Scott. (September, 2000). "Attention Deficit Hyperactivity Disorder." *Integrative Medicine Consult*, 2(9), 103-105.
- Shannon, Scott. (July, 2001). "Cognitive Behavior Therapy for Insomnia." *Integrative Medicine Consult*, 3(7), 52-53.
- Editors of Time Life Books. The Medical Advisor. (Senior Consultant, 2nd Edition). Time Life Books: Richmond, 1998
- Shannon, Scott. (Spring, 1998). "Case Presentation Model: How to holistically evaluate, motivate, and treat our patients." *Holistic Medicine*, 15-17.
- Shannon, Scott. (Summer 1998). "Psychological Disease: Depression." *Holistic Medicine*, 16-24.
- Shannon, Scott. (May 16, 1987). "Adolescent Challenge Program" A new treatment modality presented at the *Second Annual International Conference on Childhood Anxiety and Affective Disorders*, Ottawa, Canada. This preventative program for kids at risk combines elements of group therapy with experiential challenges.
- Shannon, Scott, and Kroll, Howard. (April 11, 1985). "Diagnostic Categories and Treatment Planning." A paper presented at the *Annual Meeting of the National Council of Community Mental Health Centers*, Washington, D.C.
- Shannon, Scott. (March 1982). "The Motor System of the Human Brain: Discussion and Speculation About Structure and Function," an independent study project. *University of Arizona, College of Medicine, Department of Neurology*.
- Shannon, Scott. (September 1978). "Occupational Health in Nitroglycerin Plant" in Wheater, RH. Occupational Safety and Health Symposia, 1979. *Department of Health, Education, and Welfare*, pages 154-157.
- Shannon, Scott. (1978). "The Structure of the Mind." A 337-page Honor's Thesis on the interface of physics, neurology, and psychology. Proposes new mechanisms of consciousness such as a wave theory of perception and a holographic model of cerebellar functioning. *University of Arizona, Department of Psychology*.

Research

- 2022-current. **Site Principal Investigator:** Phase IIb study of LSD in Generalized Anxiety Disorder
- 2016-current **Site Principal Investigator, study physician and therapist:** Phase II and III Study: MDMA Assisted Psychotherapy in the Treatment of Severe PTSD.
- 2014-2016 **Principal Investigator:** Cannabidiol in psychiatric practice. Multiple studies with publications.
- 2002-2005 **Principal Investigator:** “Acupuncture as a Treatment for the Nausea of Chemotherapy” *McKee Cancer Center, Loveland Colorado.* IRB approval. Secured \$80,000 funding

Awards

Distinguished Fellow: American Academy of Child and Adolescent Psychiatry, 2016

Service Award, *American Holistic Medical Holistic Medical, 2000*

Pro Bono Service Award, *Weld County, 1995*

Service Award, *Envision, 1992-2005*

Outstanding Honors Student, *University of Arizona, 1978*

Magna Cum Laude Graduate, 1978

Phi Beta Kappa Honorary, 1978

Certification:

General Psychiatry-June 1991, Lifetime

Child and Adolescent Psychiatry-June 1994, Lifetime

Integrative Medicine-Board Certified by the American Board of Integrative Medicine-January 2014

Ongoing Professional Affiliations

Academy of Integrative Health and Medicine, founding board member, since 2013
American Academy of Child and Adolescent Psychiatry, since 1989

Licensure:

New York, September 1983-1985

Arizona, October 1983-1988

New Mexico, August 1989-1994

Colorado, July 1991-(31090)-present

Hawaii-November 2013-present

Professional Interests

Children

Integrative Psychiatry

Metaphysics and Philosophy

Psychedelic Medicine: Ketamine, Psilocybin and MDMA

Program Development and Professional Education

Personal Data

Birth Date: August 5, 1956

Birthplace: Schenectady, NY

Married: 1981 to Susan

Children: Sarah, born 1983; Noah, born 1987

Hobbies: Snowboarding, running, hiking,
nature, chess, biking, golf, and music.